

# WELCOME BACK TO SCHOOL

At SPS we practice many drills including fire drills, tornado drills, hold and secure drills, etc. All students are given instructions and are prepared by their teachers ahead of time.



**If your child has any medical conditions, please inform the office as soon as possible.**



Students in grades 4-7 will be provided with a locker and a school lock. Students are required to use the locks provided and are reminded to please keep their lockers locked. Locks must be returned at the end of the school year.



SPS would like to send a warm welcome out to all the new students and families who have joined SPS this year. We look forward to getting to know you all.

Please ensure you complete and sign all forms and submit student fees by **September 27th**. Copies of all forms are sent home with students on September 3th. Please review the Student Information Verification Form and note any changes right on the form. If there are no changes, please sign and return the form to your child's homeroom teacher.



## Safety Patrol

Safety Patrol for students in grades 4-7 will begin again this September. Forms will be sent home with students the first week of school, and should be returned by Monday, September 9th. Being a Safety Patroller is an important role at SPS and helps to keep our students and families safe as they come and go from school. Students who sign up for Safety Patrol are expected to commit to their duties for the full school year, and participate in the Patroller Training Day that will be offered this fall. Patrollers have the opportunity to gain leadership skills, earn Safety Patroller of the Month awards, and participate in Patroller-only activities throughout the school year.

Please take a moment to read the student planner for information about school rules, bell times, etc. The planner can be found at the front of your child's agenda book. For our grade 6 & 7 students, copies of the student planner will be sent home on the first day of school.

## Meet our Staff

Mr. Ross	Principal
Ms. Leslie	Vice-Principal
Mr. Wheeler	Student Services Teacher
Ms. Allen	Student Counsellor
Mrs. Davis	Prekindergarten
Miss Casat	Kindergarten
Mrs. Phair	Grade 1
Mr. Michelson	Grade 2
Mrs. Togoo	Grade 3
Mr. Bell	Grade 4
Mrs. Beauchamp	Grade 5
Mrs. Mokolki	Grade 6
Mrs. Stevenson	Grade 7
Mrs. Venter	EA
Mrs. Envik	EA
Mrs. Groenewald	EA
Miss Maddess	EA
Mrs. Conradie	EA
Mrs. Hardin	EA
Mrs. Poppy	EA
Mrs. D. Tetrault	EA
Mrs. Oberle	EA
Mrs. Wallis	EA
Mrs. Sheldon	EA
Mr. Wallis	Facility Operator
Mrs. Ritchards	Custodian
Mrs. G. Tetrault	Librarian
Mrs. Russell	Office Manager





Since 2013, September 30 has been known as Orange Shirt Day, a day to recognize the tragic history and long-standing effects of residential schools.

**SPS will be honouring Orange Shirt Day on Friday, September 27th.**



## E-scooters

Make sure your child is following the rules that apply to this vehicle. They have to be at least 16 years old, drive alone and wear an approved helmet!



SPS will host a Muffin Morning on Wednesday, September 25th starting at 8:30a.m. All students and families are welcome to attend.

Afterwards, students will participate in the school-wide Terry Fox Walk. Parents are welcome to join us.



The Cross Country team is led by Mrs. Envik and Mrs. Davis. Any student in Gr. 2 and up may join. Cross Country will occur every Tuesdays and Wednesdays for approximately 4 weeks. Please have your child wear running shoes and loose clothing when they come to school on Cross Country days and bring a cold lunch as they will be having lunch outside.

**Permission form are available at the Office.**



**School Picture Day is Tuesday, September 17th!**



Choir will begin once the air begins to cool in late October. Choir is open to all children from Grade 1 to Grade 7

At SPS, our families all have access to My School Sask. (MSS) which is the program you will receive your child's report card in. Report Cards go home twice each school year and will be published to the MSS Parent Portal for you to view and print if you wish.

If you are new to SPS, you would have received a username and password via email. If you do not know your username and password, please contact Mrs. Russell. She will be happy to help you.

The following links give instructions on how to access the report card in MSS:

[Logging into MSS from a Phone](#)

[Logging into MSS from a Computer](#)

[Video - Logging into MSS from a Computer](#)



**There have been some changes and updates to various aspects of the school this year. Please read the letter from Mr. Ross and Mrs. Leslie regarding this matter!**



**Town students are expected to go home for lunch each day if at all possible.**





## Back to School

a c a t e a c h e r  
v b p l a y o p q z  
c o s q e a i d m s  
d o d w b z u v a f  
p k f c a q y z t v  
e b g l g w t x h b  
n n h a r e r n k q  
c f j s s c h o o l  
i u k s t y u i o p  
l n l f r i e n d s

The Mum Educates

pencil bag math teacher fun school  
bag play friends class book

WELCOME  
**BACK TO SCHOOL**



BREAKING  
NEWS

THE SPS DAILY

SPECIAL  
EDITION

# EXECUTIVE FUNCTIONING

## THE PATH TO UNDERSTANDING

### WHAT ARE EXECUTIVE FUNCTIONING (EF) SKILLS?

During a normal school day, students are expected to adhere to a multitude of routines, procedures, and behaviors, such as sitting quietly, following instructions, and listening attentively, all while making decisions and applying previously learned content to newly acquired knowledge (Daucourt, et al., 2020). The coordination of such complex demands requires students to rely on their brain's central executive or EF skills. According to Cooper-Kahn and Foster (2013), EF skills can be thought of as an umbrella term for a collection of high-level cognitive functions that work simultaneously to help us think and behave.



**"EXECUTIVE FUNCTION CHALLENGES ARE OFTEN MISTAKEN FOR DISOBEDIENCE, LAZINESS, DEFIANCE, OR APATHY."**  
- CHRIS ZIEGLER DENDY, M.S.

### SPEND THE TIME, REAP THE REWARDS

Executive functioning skills require time, energy, and dedication from parents to develop appropriately. Reading books, engaging in meaningful conversations, and debriefing positive and negative experiences helps children to understand how their brain works and what they require in future situations to be more successful and independent.

### WHY ARE EXECUTIVE FUNCTIONING SKILLS IMPORTANT?

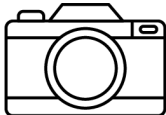


Executive function skills play a pivotal role in the acquisition of necessary skills required to learn and behave accordingly. EF skills develop and change throughout childhood, however, some students need support in developing these necessary skills. As a result, it is important that teachers, parents, and children themselves understand how are where EF support may be required.

**STAY TUNED EACH MONTH FOR DETAILS ON A NEW EF SKILL**



# September

2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 WELCOME BACK TO SCHOOL  KINDERGARTEN DAY 1	4   DAY 2	5   KINDERGARTEN DAY 3	6   DAY 4
9   KINDERGARTEN DAY 5	10   DAY 6	11   KINDERGARTEN DAY 1	12   DAY 2	13   KINDERGARTEN DAY 3
16 SCC Meeting 6:30 PM  DAY 4	17  SCHOOL PICTURES  KINDERGARTEN DAY 5	18   DAY 6	19   KINDERGARTEN DAY 1	20   DAY 2
23   KINDERGARTEN DAY 3	24   DAY 4	25  TERRY FOX RUN  KINDERGARTEN DAY 5	26   DAY 6	27  ORANGE SHIRT DAY KINDERGARTEN DAY 1